



WEEK ONE w/c 15th April w/c 6th May	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Chicken Pasta in a Tomato and Basil Sauce	_CG ___CE(MC) ___	Beef Chilli served with Rice	___MI(MC) MU(MC) SO(MC) ___	Chicken Sausage Hot Dog in a Bun served with Potato Cubes	CG SU CG SE(MC) CE(MC) MI(MC) SU(MC) _	100% Chicken Breast Chicken Nuggets served with Potato Cubes	CE(MC) CG EG(MC) MI(MC) MU(MC) SO(MC) CE(MC) MI(MC) SU(MC) _	Fish Fillet served with Chips	CG FI SO _
VEGETARIAN OPTION	Vegetable Pasta in a Tomato and Basil Sauce	_CG ___CE(MC) ___	Vegetable Chilli served with Rice	CG EG ___MI(MC) MU(MC) SO(MC) ___	Vegan Dog in a Bun served with Potato Cubes	SO CG SE(MC) CE(MC) MI(MC) SU(MC) _	Southern Fried Vegi-Bites served with Potato Cubes	CG CE(MC) MI(MC) SU(MC) _SU ___	Cheese and Tomato Pizza served with Chips	CG MI SO _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_FI EG MU _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_EG _	Jacket Potato with Spaghetti Hoops	_CG _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_FI EG MU _	Jacket Potato with Spaghetti Hoops	_CG _
JACKET POTATO	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _
DESSERT	Chocolate & Vanilla Swirl Mousse	MI _	Vanilla Muffin	CG EG MI NU(MC) PE(MC) SO(MC) SU(MC) _	Raspberry and Apple Flapjack	CG EG(MC) MI(MC) SO(MC) PE(MC) NU(MC) SU(MC) _	Vanilla choc Ice	MI SO PE(MC) NU (MC) _	Warm Belgium Waffle	CG EG MI SO _
WEEK TWO w/c 22nd April w/c 13th May	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Pasta Bolognese	___NU(MC) PE(MC) ___CG CG MI(MC) SE(MC) _	Chicken Curry with Rice and Naan	___CG MI MI _	Chicken Sausage with Roast Potatoes, Yorkshire Pudding and Gravy	CG SU CG EG MI _CG _	Cheese Burger served with Potato Cubes	CE CG SO SU MI CE(MC) MI(MC) SU(MC) CG SE(MC) _	Fish Fillet served with Chips	CG FI SO _
VEGETARIAN OPTION	Vegetable Bolognese with Pasta	___NU(MC) PE(MC) ___CG CG MI(MC) SE(MC) _	Vegetable Curry with Rice and Naan	___CG MI MI _	Vegan Sausage with Roast Potatoes, Yorkshire Pudding and Gravy	SO CG EG MI _CG _	Veg Burger served with Potato Cubes	CG EG MI _CE(MC) MI(MC) SU(MC) CG SE(MC) _	Cheese and Tomato Pizza served with Chips	CG MI SO _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_FI EG MU _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_EG _	Jacket Potato with Spaghetti Hoops	_CG _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_FI EG MU _	Jacket Potato with Spaghetti Hoops	_CG _
JACKET POTATO	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _
DESSERT	Strawberry Vanilla Swirl Mousse	MI _	Blueberry Muffin	CG EG MI(MC) PE(MC) SO(MC) SU(MC) NU(MC) _	Oaty Cocoa Cookie	CG EG(MC) MI(MC) SO(MC) NU(MC) _	Vanilla choc Ice	MI SO PE(MC) NU (MC) _	Warm Belgium Waffle	CG EG MI SO _
WEEK THREE w/c 29th April w/c 20th May	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Meatballs served with Pasta	CG CG _	Chicken Tikka Curry with Rice and Naan	___CG MI MI _	Sticky BBQ Chicken Sausages served with Mashed Potatoes	CG SU MI SU _	Battered Chicken Burger served with Potato Cubes	CG CG SE(MC) CE(MC) MI(MC) SU(MC) _	Fish Fillet served with Chips	CG FI SO _
VEGETARIAN OPTION	Vegan Balls served with Pasta	SO CG _	Vegetable Tikka Curry with Rice and Nann	___CG MI MI _	Sticky BBQ Vegan Sausages served with Mashed Potatoes	SO MI SU _	Vegetable Burger in a Bun served with Potato Cubes	CG CG SE(MC) CE(MC) MI(MC) SU(MC) _	Cheese and Tomato Pizza served with Chips	CG MI SO _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_FI EG MU _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_EG _	Jacket Potato with Spaghetti Hoops	_CG _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_FI EG MU _	Jacket Potato with Spaghetti Hoops	_CG _
JACKET POTATO	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _	Jacket Potato with Cheese and Beans	_MI _
DESSERT	Chocolate & Vanilla Swirl Mousse	MI _	Vanilla Muffin	CG EG MI NU(MC) PE(MC) SO(MC) SU(MC) _	Chocolate Brownie Bar	CG EG SO(MC) NU(MC) _	Vanilla choc Ice	MI SO PE(MC) NU (MC) _	Warm Belgium Waffle	CG EG MI SO _

Please Note:

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.
3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
4. Although our menus are nut free we cannot guarantee against airborne traces.
5. Vegetables or salad are served with every meal.
6. Bread is available each day to complement the meal unless it is already a feature of the main meal.

Allergen Key

MC = May Contain

Celery		CE
Cereal Gluten		CG
Crustaceans		CR
Egg		EG
Fish		FI
Lupin		LU
Sulphur Dioxide (Sulphites)		SU

Milk		MI
Molluscs Shellfish		MO
Mustard		MU
Nuts		NU
Peanuts		PE
Sesame Seeds		SE
Soya		SO