

St. Paul's Catholic School - School Meals Provision May-July 2024

WEEK ONE w/c 3rd June	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
w/c 24th June w/c 15th July	Wilditay	Allergens	Tuesuay	Alleigelis	weullesday	Allergens	illuisuay	Allergens	Filldy	Allergens
MAIN	BBQ Meatball sub roll topped with cheese served with Salad	CG MI EG(MC) SE(MC) SO(MC)	Jumbo Pork Hotdog served with Potato Cubes and Vegetables	CG SE SO SU CE(MC) MI(MC)	Beef Chilli & Cheese Loaded Dirty Fries	MI SO	Tangy Roasted Chicken Thighs served with Jollof Rice	_	Battered Fish Fillet served with Chips and Peas	CG FI SO
VEGETARIAN OPTION	BBQ Veg sub roll topped with cheese served with Salad	CG MI EG(MC) SE(MC) SO(MC)	Vegan sausage Hotdog served with Potato cubes and Vegetables	CG SE SO SU CE(MC) MI(MC)	Chilli Quorn & Cheese Loaded Fries	MI SO EG	Roasted Vegetables served with Jollof Rice	-	St Paul's Cheese and Tomato Pizza served with Chips	G MI SO
DAILY SPECIAL	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Chicken Black Bean Wok Fried Noodles	CG EG SO	Vegetable Sweet Chilli Wok Fried Noodles	CG EG SO	Chicken Chow Mein Wok Fried Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	cG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	cG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce C	G
DESSERT	Dessert of the day	CG EG MI	Scrummy School Cake	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Sponge Cake served with pouring Cream	CG MI EG	Chocolate Heaven Muffin C	G MI EG
WEEK TWO w/c 10th June w/c 1st July	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Sweet Chilli Chicken Wings served with Spicy Rice	-	Beef filled Taco shells served with Salad	MI(MC) MU(MC) SO(MC)	Chicken Roast Dinner served with Potatoes, Vegetables and Yorkshire Pudding	CG EG MI	BBQ Pulled Pork filled Bap served with Coleslaw and Potato Wedges	CG EG SO	Battered Fish Fillet served with Chips	G FI SO
VEGETARIAN S	Sweet Chilli Quorn Chunks served with Spicy Rice	EG	Vegetarian Tacos served with Salad	CG EG MI(MC) MU(MC) SO(MC)	Roast Quorn served with Potatoes, Vegetables and Yorkshire Pudding	CG EG MI	BBQ Pulled Jackfruit filled Bap served with Coleslaw and Potato Wedges	CG EG SO	St Paul's Cheese and Tomato Pizza served with Chips	G MI SO
DAILY SPECIAL	Black bean Vegetable Wok Fried Noodles	CG EG SO	Sweet Chilli Chicken Wok Fried Noodles	CG EG SO	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Singapore Style Wok Fried Vegetable Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	cg	Pasta of the day & Sauce	cG	Pasta of the day & Sauce	cg	Pasta of the day & Sauce C	G
DESSERT	Dessert of the day	CG MI EG	Jam and Coconut Sponge	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Pineapple Sponge served with Cream	CG MI EG	Sponge Cake C	CG MI EG
WEEK THREE w/c 17th June w/c 8th July	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Pork Sausages served with Mashed Potato, Onion Gravy and a Yorkshire Pudding	CG EG MI	Beef Chilli Nacho's served with Sour Cream and Cheese	MI(MC) MU(MC) SO(MC)	Classic Chicken Nuggets served with Herb Diced Potatoes and Vegetables	CG CE(MC) EG(MC) MI(MC) MU(MC) SE(MC) SO(MC) CE(MC) MI(MC) SU(MC) _	Beef Lasagne Served with Garlic Bread & Mixed Salad	CG EG(MC) CE(MC) CG EG(MC) MI MU(MC) SO(MC) CE(MC) CG MI(MC) SE(MC)	Battered Fish Fillet served with Chips	G FI SO
VEGETARIAN OPTION	Vegan Sausages served with Mashed Potato, Onion Gravy and a Yorkshire Pudding	CG EG MI	Vegetarian Chilli Nachos with Sour Cream and Cheese	CG EG MI(MC) MU(MC) SO(MC)	Vegan Nuggets served with Herb diced Potatoes and Vegetables	CG CE(MC) MI(MC) SU(MC)	Vegetable Lasagne Served with Garlic Bread & Mixed Salad	CG EG(MC) CE(MC) CG EG(MC) MI MU(MC) SO(MC) CE(MC) CG MI(MC) SE(MC)	St Paul's Cheese and Tomato Pizza served with Chips	G MI SO
DAILY SPECIAL	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Chicken Black Bean Wok Fried Noodles	CG EG SO	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Singapore Style Wok Fried Vegetable Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	cG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	cG	Pasta of the day & Sauce C	G
DESSERT	Dessert of the day	CG MI EG	Ginger Sponge served with Cream	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Ice-Cream served with sprinkles and sauce	CG MI EG	Sponge Cake C	G MI EG

- Please Note:

 1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.

 2. Salad Pots will be available daily whenever possible.

 3. Fresh fruit/Fruit Pots are available daily as an alternative to the dessert offered.

 4. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.

 5. Although our menus are nut free we cannot guarantee against airborne traces.

 6. Vegetables or salad are served with every meal.

 7. Bread is available each day to complement the meal unless it is already a feature of the main meal