

	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7
Year 7	Who Am I? <ul style="list-style-type: none"> PSHE Introduction Catholic Social Teaching Across Curriculum 	Changing Bodies <ul style="list-style-type: none"> Y7 RSE Lesson 2-5 	Healthy Inside and Out <ul style="list-style-type: none"> Y7 Healthy Friendships Lesson 1 Y7 RSE Lessons 2-5 Y8 Mental Health Lesson 2 	Where Do We Come From? <ul style="list-style-type: none"> Y7 RSE Lessons 2-3 and Lesson 9 Y9 RSE Lessons 1 and 3 Y11 RSE Lessons 1-3 	Family and Friends <ul style="list-style-type: none"> Y7 Healthy Friendships Lessons 1-3 Y7 RSE Lessons 6, 8 and 10 	My Life on Screen <ul style="list-style-type: none"> Y7 Online Safety Lessons 1-4 Y8 Mental Health (whole scheme) 	Living Responsibly <ul style="list-style-type: none"> PSHE Introduction Y7 Transition Lesson 2 Y7 Healthy Friendships Lesson 6 Y7 Healthy Living Lesson 5 Y8 Mental Health Lesson 1 and 2
Year 8	Created and Chosen <ul style="list-style-type: none"> PSHE Introduction Catholic Social Teaching Across Curriculum 	Appreciating Differences <ul style="list-style-type: none"> Y8 Identity, Prejudice and Discrimination Lessons 3-5 	Feelings <ul style="list-style-type: none"> Y8 RSE Lesson 1 Y9 RSE Lessons 1-4 	Before I Was Born <ul style="list-style-type: none"> Y11 RSE Lessons 1-3 	Tough Relationships <ul style="list-style-type: none"> Y8 Identity, Prejudice and Discrimination Lessons 3-6 Y9 Understanding our Mindset and Morals Lessons 4-6 	Think Before You Share <ul style="list-style-type: none"> Y7 Online Safety Lesson 3 Y8 RSE Lesson 6 Y10 RSE Lessons 7-10 	Wider World <ul style="list-style-type: none"> Y7 Healthy Friendships Lessons 2 and 3 Y8 Identity, Prejudice and Discrimination Lessons 3-6
Year 9	The Search for Love <ul style="list-style-type: none"> Y7 Healthy Friendships Lessons 1 and 2 Y7 RSE Lessons 8-10 Y9 RSE Lessons 1-4 Y10 RSE Lesson 1 	Love People Use Things <ul style="list-style-type: none"> Y8 RSE Lessons 3 and 10 Y10 RSE Lessons 6-10 	In Control of My Choices <ul style="list-style-type: none"> Y9 RSE Lesson 1 and 3 Y10 RSE Lesson 6 and 7 	Fertility and Contraception <ul style="list-style-type: none"> Y9 RSE Lessons 6-7 	Commitment and Marriage <ul style="list-style-type: none"> Y7 RSE Lesson 9 	Understanding Consent <ul style="list-style-type: none"> Y8 RSE Lessons 1-9 Y9 RSE Lessons 1-4, 8-12 	Human Rights and Wrongs <ul style="list-style-type: none"> Y8 Identity, Prejudice and Discrimination Lessons 3-5 Y9 RSE Lessons 5, 10 and 11
Year 10	Authentic Freedom <ul style="list-style-type: none"> Y7 Healthy Friendships Lesson 5 Y9 RSE Lessons 1, 3 and 4 Y10 RSE Lesson 1 Y11 RSE Lessons 1-5 	Self-Image <ul style="list-style-type: none"> Y8 Mental Health Lesson 5 and 6 Y8 RSE Lesson 6 Y10 RSE Lessons 6-8 	Beliefs, Values and Attitudes <ul style="list-style-type: none"> Y8 Identity, Prejudice and Discrimination Lessons 3, 4, 7 and 8 Y9 Understanding our Mindset and Morals Lessons 4-6 	Parenthood <ul style="list-style-type: none"> Y7 RSE Lesson 9 Y11 RSE Lessons 4 and 5 	Pregnancy and Abortion <ul style="list-style-type: none"> Y11 RSE Lessons 1-5 	Abuse <ul style="list-style-type: none"> Y7 Online Safety Lesson 2 and 3 Y9 RSE Lesson 8 and 9 Y9 Real World Finance Lesson 3 Y10 RSE Lessons 7-9 	Solidarity <ul style="list-style-type: none"> Catholic Social Teaching across the curriculum with a specific focus on Care for our Common Home
Year 11	Self-Worth <ul style="list-style-type: none"> Catholic Social Teaching Across Curriculum Y7 Healthy Friendships Lesson 6 Y8 Mental Health Lesson 2 Y8 RSE Lessons 1 and 7 Y8 identity, Prejudice and Discrimination Lessons 1 and 2 Y9 Understanding our Mindset and Morals Lessons 3-6 Y9 RSE Lessons 2, 4 and 8 Y10 RSE Lessons 1 and 6 Y11 Organisation and Management Lesson 10 	Addiction <ul style="list-style-type: none"> Y9 Alcohol, Nicotine and Gambling Lessons 1-7 Y10 Drugs and Addiction Lessons 1-6 	Eating Disorders <ul style="list-style-type: none"> Y8 Mental Health Lesson 5 	Birth Control <ul style="list-style-type: none"> Y9 RSE Lessons 1-3, 6 and 7 Y10 RSE Lessons 2-4 Y11 RSE Lessons 1-7 	Pornography <ul style="list-style-type: none"> Y10 RSE Lessons 6-9 	STIs <ul style="list-style-type: none"> Y10 RSE Lessons 2-4 Y11 RSE Lesson 7, 10 and 11 	Coercive Control <ul style="list-style-type: none"> Y7 Online Safety Lesson 3 Y8 RSE Lessons 3, 4, 6, 8-10 Y8 Identity, Prejudice and Discrimination Lessons 3 and 5 Y9 RSE Lessons 8-11 Y10 RSE Lessons 6, 8 and 9 Y11 RSE Lesson 11