



St Paul's
CATHOLIC SCHOOL

Ministerium Tuum Imple Love | Serve | Do the best that is possible



Year 7 Multi-Activity Residential: Mendip Hills

Monday 29th April – Friday 3rd May 2024

Accommodation

- Mendip Lodge
- Beautiful large accommodation in a setting
- Whilst we are there, we have exclusive use of the lodge
- Single sex accommodation bunk bedrooms (pupils have chosen rooms)
- En-suite facilities
- Staff rooms close by#
- Outside area





Activities

Some of the activities will be based at the centre and some will take place in the beautiful surrounding area





Mendip caves –
caving



Burrington
Combe – rock
climbing



Oldbridge river
(Hewish activity
centre) – canoeing
and paddleboarding



Mendip activity centre –
Archery active, low ropes,
bushcraft

Monday

Arrival, axe-throwing and air rifles
Evening – adventure night hike



Tuesday

Assault course and water sports
Evening – frisbee golf



Wednesday

Caving, rock-climbing and tobogganing
Evening – movie night



Thursday

Low ropes and Bushcraft
Evening – campfire and awards



Friday

Archery active and home time

Food

- Breakfast – hot and continental available (cereal, fruit, toast, yoghurt, cooked breakfast)
- Lunch – pack up (sandwich, crisps, fruit, snack bar, etc.)
- Dinner – hot evening meal with pudding

Drinks and fruit available throughout the day

Pupil expectations

1. Be polite and courteous to staff members and peers at all times.
2. Listen at all times. If you hear an adult voice, they may be giving you a safety warning.
3. Follow all instructions given by staff.
4. If a consequence is given for misbehaviour, accept them in an appropriate way. Follow any arrangements put in place to support behaviour.
5. Act as positive ambassadors for the school when off the school premises; if you come into contact with the general public, remember you are representing St. Paul's.
6. Work together as a team and collaborate when needed.
7. Behave sensibly inside the building; walk sensibly, do not run, and be aware of the space around you.
8. Be aware of the dangers when outside; listen to instructions of activity providers at all times and follow instructions carefully.
9. Make sure you are going to bed at curfew and keeping noise to a minimum.
10. Do not bring inappropriate or unlawful items to school trips, just as you would not bring them to school. This includes wearing jewellery.
11. Absolutely avoid harming or bullying other pupils or staff.

Mobile phones

As per our new mobile phone policy for all residential trips:

- We strongly recommend pupils leave phones at home; staff will have phones that pupils can use should the need arise
- If this cannot be avoided, please be aware that phones need to be handed in when they arrive in the MGR on Monday morning
- They will only be allowed to use phones in an allocated time and place (once per day, around 5pm), supervised by staff
- Outside of this time, they will be kept in a locked room for the duration of the trip
- This is to protect the safety of all pupils and staff on the trip, as well as to encourage pupils to socialise
- Under no circumstances will phones be allowed in bedrooms
- They will be returned to students on arrival back at school on Friday

Please note, we cannot take responsibility at any time for the loss or damage of phones.

Kit

Footwear and Clothing

- Comfortable, sturdy trainers/walking boots
- Wellies
- Indoor shoes
- Waterproof coat
- Waterproof trousers (optional)
- Underwear and socks (plenty!)
- T-shirts
- Long sleeved tops/base layers (optional)
- Jumpers
- Trousers
- Something comfy for the evening activities (these will be a mix of outdoor and indoor)
- Pyjamas
- Hat (no bobble as you will need to wear underneath a helmet)
- Gloves
- Sun hat

Kit

Personal items

- Shampoo, shower gel, toothbrush, toothpaste etc.
- A towel for washing
- Sun cream
- Insect repellent
- Hand sanitiser (optional)
- Sleeping bag
- Pillow
- Torch
- Reusable water bottle
- Personal items such as a book to read
- It is useful to bring spare plastic bags to keep wet/dirty kit in
- A complete change of clothing in a separate plastic bag, including underwear and a towel – this is for the water sports day so be prepared to get wet!



Kit

- Medication is to be given to trip staff on the morning of your trip in a **sealed and named bag/box, including student's name and usage/dosage instructions.**
- Make sure you bring enough clothing to keep you warm and dry for the duration of the trip. Jeans are not recommended for activities, as they can get very uncomfortable when wet.
- All items need to be packed in a large bag and personal items in a small backpack (lunch, water, etc.)
- Please remember most activities take place in the great outdoors so pack accordingly! For any advice on kit, please see Miss Crompton.

Monday Morning

- Pupils should arrive to MGR at 8am on Monday 29th April
- They should have all items packed in a larger bag, and a smaller backpack for their day-to-day items, including lunch for that day
- They need to arrive suitable dressed as they will be heading straight to activities upon arrival at camp (long sleeves, waterproof coat, long trousers, closed toes shoes, NO SLIDERS OR CROCS)
- All mobile phones are to be handed to Mr Stout on arrival
- All medication to be handed to Miss Vousden on arrival – this needs to be in a sealed bag, clearly labelled with pupil's name and dosage details

Friday afternoon

- We aim to arrival back at school at 3pm on Friday 3rd May
- Pupils should be collected from outside the main entrance of school
- They need to see ME (Miss Crompton) to sign out before leaving
- Medication to be collected from Mrs Meynell before leaving. Any left will be returned to the nurse's office in school
- Mobile phones to be collected from Mr Stout before leaving. Any left will be handed to lost property in school



Questions?

- All information shared today will be sent home to you in a letter
- If you have any queries, please stay behind to ask or email me directly Louise.crompton@st-pauls.org.uk