

# Year 11 Parents Information Evening.

*How to support pupils with what to revise, how to revise and why to revise.*

## **Key Dates –**

- **15/4/24 – Pentecost Term starts**
- **1/5/24 – Leavers' Mass**
- **2/5/24 – First examination (Health and Social Care)**
- **9/5/24 – Catholic Christianity examination (1<sup>st</sup> whole year examination)**
- **19/6/24 – Final GCSE examination**
- **26/6/24 – Contingency date for GCSE examinations**
- **22/8/24 – GCSE Results Day**



## Lighting the fire for revision.

- Revision is simply 'seeing again'.
- It is an integral part of the learning process.
- Returning to prior learning can make it secure, improve your confidence and make you feel better prepared.

## Lighting the fire for revision.



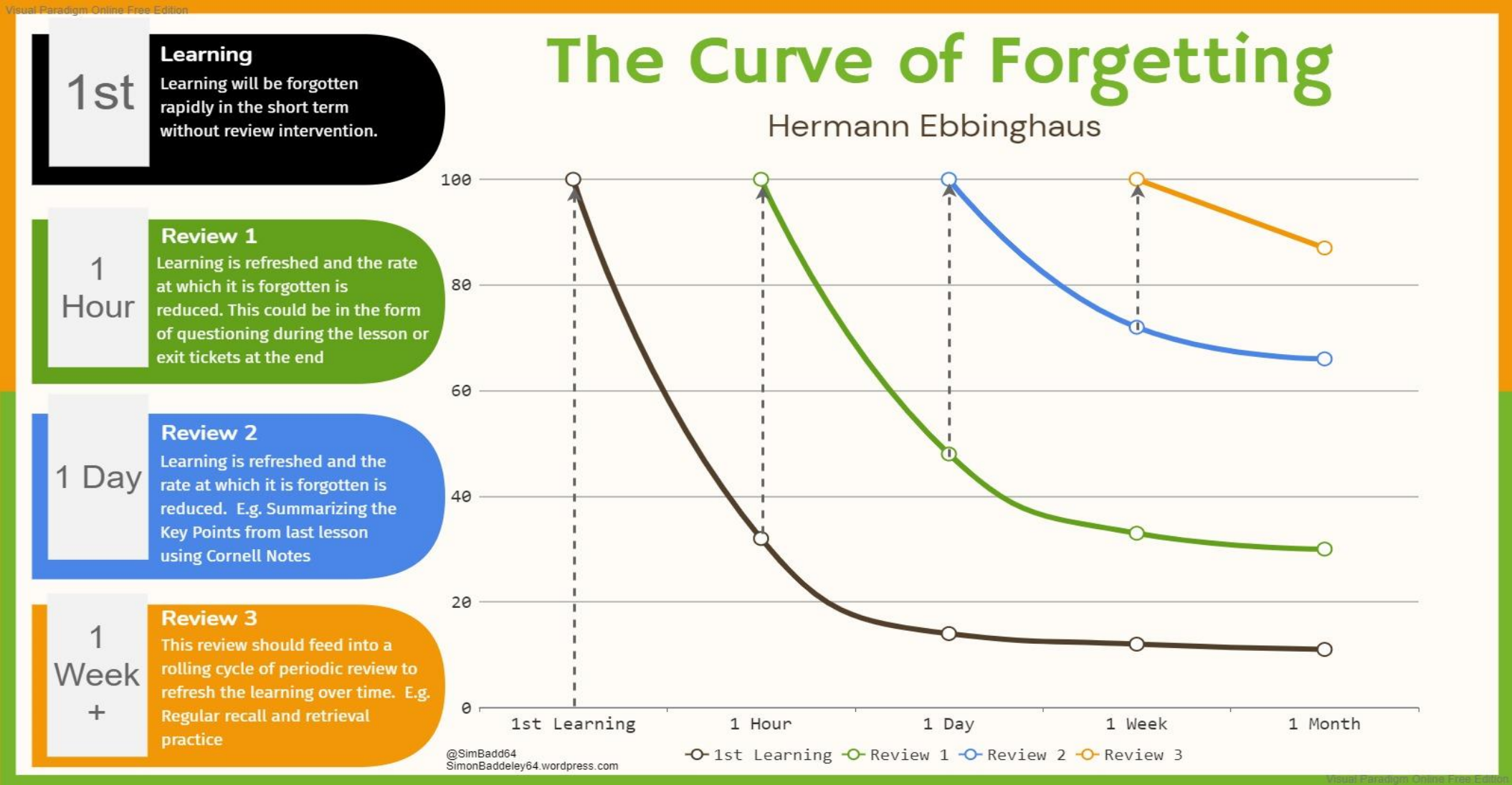
### Traditional revision

Completing past papers.  
Rereading notes.  
Highlighting.  
Cramming.  
Can't revise, won't revise.  
Last minute interventions.  
Little or no modelling of how to revise.

### Effective revision

Retrieval.  
Spacing.  
Dual coding.  
Interleaving.  
Concreate examples.  
Desirable difficulties.  
**A regular habit.**

*'if nothing in the long-term memory has been altered, nothing has been learned' ~ Sweller et al (2011)*



1st

### Learning

Learning will be forgotten rapidly in the short term without review intervention.

1 Hour

### Review 1

Learning is refreshed and the rate at which it is forgotten is reduced. This could be in the form of questioning during the lesson or exit tickets at the end

1 Day

### Review 2

Learning is refreshed and the rate at which it is forgotten is reduced. E.g. Summarizing the Key Points from last lesson using Cornell Notes

1 Week +

### Review 3

This review should feed into a rolling cycle of periodic review to refresh the learning over time. E.g. Regular recall and retrieval practice

# Lighting the fire for revision.

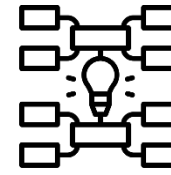


*Knowledge is like a spider's web. The more you know, the stronger the web of knowledge. The stronger the web, the easier it is to catch new knowledge.*

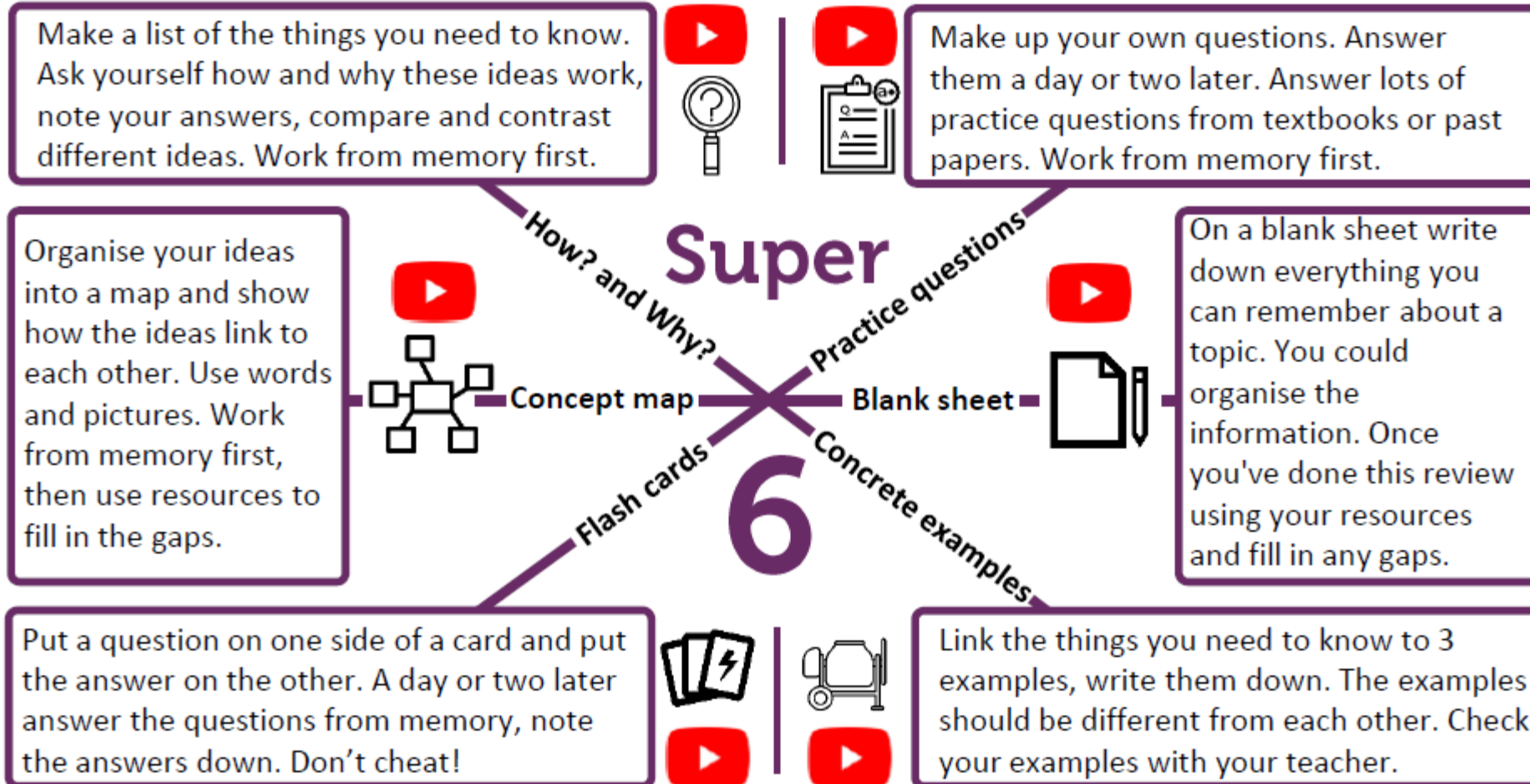


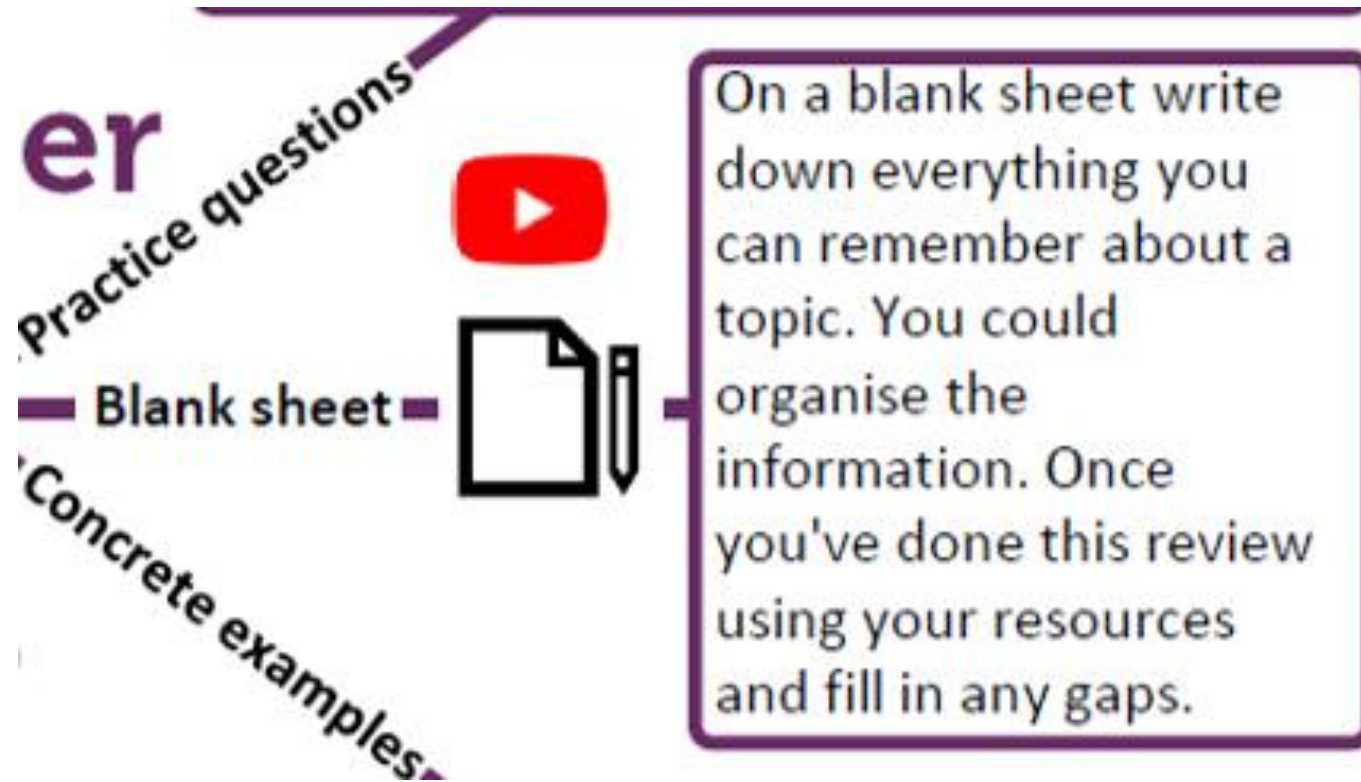
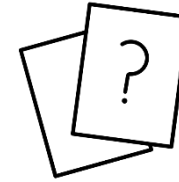
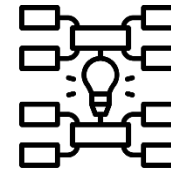
Just like spiders keep spinning their webs, we need to keep revisiting our knowledge, making it secure and adding to it.





# It's all in your planner!





<https://www.youtube.com/watch?v=vuJx1uQ-74w>



## Study Skills for Success

# Pupils



There are many [misconceptions](#) about independent study. Avoiding procrastination and "just getting on with it" can be difficult. Re-reading notes or highlighting text might make you feel more confident, but it really isn't helping you remember what you need to. Massed practice, commonly known as "cramming", might make you feel more confident and help with the test the next day, but it won't help you remember the things you need to next week, next month, or next year. Below, we have outlined the things we recommend you do.

### Spaced practice



Little and often; three hours of straight study is less effective than six spaced out 30 minute study sessions. Set aside a bit of time (30 minutes) every day for studying. Study even though your exams are months away. Plan your study time: *When? What? How?* Give yourself breaks. You can still study right up to the exam.

### Interleaving



Prioritise the topics you find more challenging. Mix up the topics you study so that you make links between them. Alternate between different subjects and make the links between them too. Remember that if something is difficult this is good; it means you are thinking more. Thinking more helps you to remember more.

### Retrieval practice



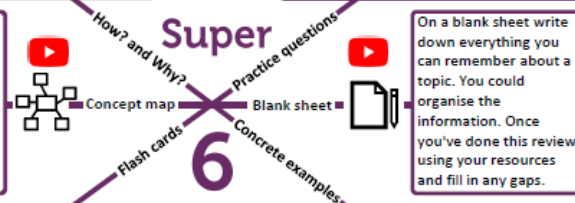
Work from memory first. The act of trying to remember something strengthens your learning. You will forget things overtime and practicing recalling information is difficult, but, difficult is good. Use resources after you have tried to study from memory to help fill in the gaps. Working from memory is like an exam.

Make a list of the things you need to know. Ask yourself how and why these ideas work, note your answers, compare and contrast different ideas. Work from memory first.



Make up your own questions. Answer them a day or two later. Answer lots of practice questions from textbooks or past papers. Work from memory first.

Organise your ideas into a map and show how the ideas link to each other. Use words and pictures. Work from memory first, then use resources to fill in the gaps.



Put a question on one side of a card and put the answer on the other. A day or two later answer the questions from memory, note the answers down. Don't cheat!



Link the things you need to know to 3 examples, write them down. The examples should be different from each other. Check your examples with your teacher.

### Tech blackout



### Study space



### Be organised



### Delay gratification



## Study Skills for Success

# Parents



Knowing how to support your child to study can be difficult and there are many [misconceptions](#) about independent study. It may be many years since you yourself studied. Direct parental involvement in study is not shown to be beneficial. You do not have to teach your child how to analyse a poem or label a cell, in fact direct involvement of this nature can be counterproductive. We have outlined to your child the most effective study skills, please make yourself familiar with them too. We also have some things we recommend parents do to support their children to study.



### Spaced practice

Support your child to study a little bit every day and help them avoid cramming. Make sure they take breaks. Support them to plan their time.



### Interleaving

Encourage your child to mix up the topics and subjects they study even though this is difficult. Thinking more leads to remembering more.



### Retrieval practice

The act of remembering strengthens learning. Encourage your child to study from memory first before using other resources. This also simulates exams.



### Sleep

Tired children find it much more difficult to study effectively. Insist your child gets a good nights sleep before an exam rather than late night cramming.



### Tech blackout

Remove all distractions, including phones, during study time. You may need to encourage and support your child to make a mature decision.



### Study space

People are creatures of habit and your child will benefit from having the same, quiet, organised study space for use every day. Bring them a cup of tea as they study.



### Organisation

Your child may need lots of help to be organised and to plan their study time. Ask them what they are studying and how they are studying. Check on them regularly.

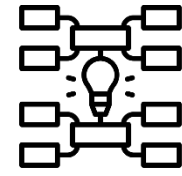


### Delayed gratification

Encourage your child to see friends, watch TV, or play games *after* they have studied. Being able to delay gratification is an important study habit.

## Super 6





## Seneca Learning.

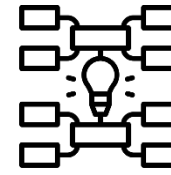
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Password: seneca2020

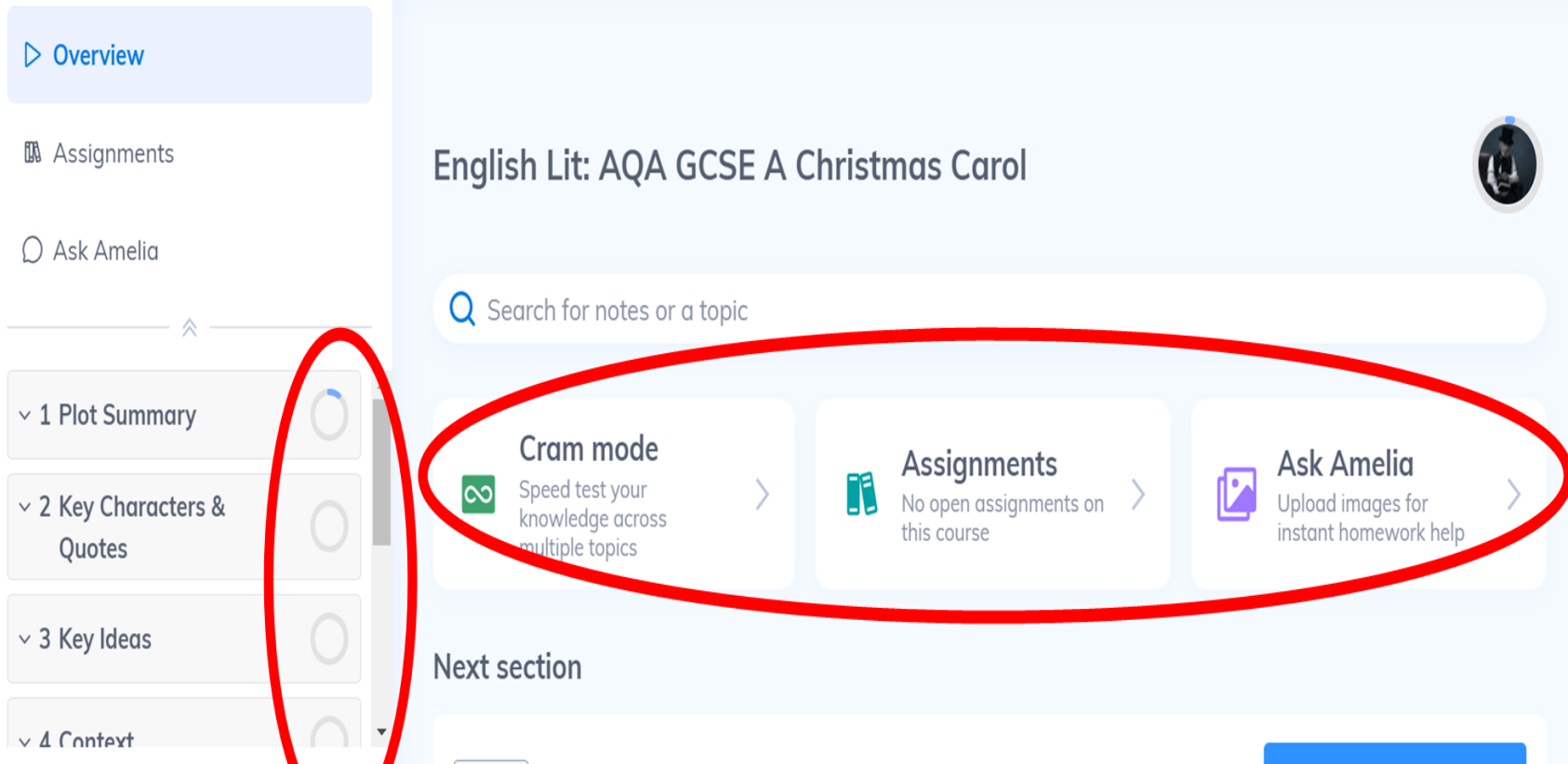
If your password does not work, please inform your English teacher  
Your password will be reset.

Reset password: Seneca2020





# Seneca Learning.



English Lit: AQA GCSE A Christmas Carol

Search for notes or a topic

**Cram mode**  
Speed test your knowledge across multiple topics

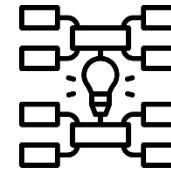
**Assignments**  
No open assignments on this course

**Ask Amelia**  
Upload images for instant homework help

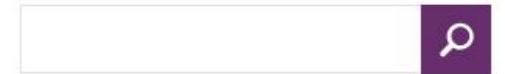
Next section



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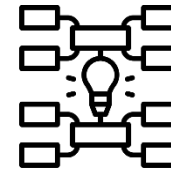
## Welcome to St Paul's Catholic School

[Classcharts for students](#) ›

[Classcharts for parents](#) ›

[St Paul's SharePoint](#) ›

# Sharepoint.



SP

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☆ Not following




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## Subjects



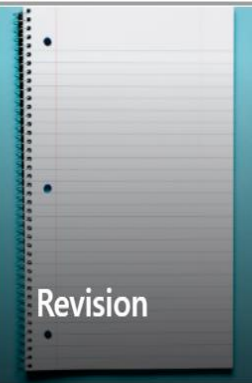
Learning Talents



ClassCharts



Events



Revision

 Year 7

 Year 8

 Year 9

 Year 10

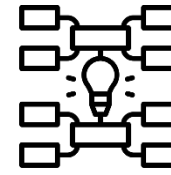
 Year 11

 Post-16

 Extra Curricular



# Sharepoint.



## Year 11



Blank Revision Timetable



Power Hour



Study Skills for Success



Examination Checklists



Ways to Revise



Past Exam Papers and Mark Schemes



English



Science



Languages



Social Sciences



History



Mathematics



Religious Education



Design and Technology



Geography



Art



## EASTER REVISION.

- Pupils should plan their revision each week.
- Subjects should be interleaved.
- Pupils should use their checklists to select topics to revise.
- During the Easter holidays effective revision should be around 5 hours per day.

	Subject 1.	Subject 2.	Subject 3.	Subject 4.
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

## Revision Power Hour

	Subject 1.	Subject 2.	Subject 3.	Subject 4.
Monday	Maths Algebra Algebraic functions	Biology Cell level systems. Cellular respiration	Sociology Family Diversity	Drama Vocal and physical skills
Tuesday	English Structure and form	Chemistry Chemical reactions. Reduction and oxidation	French Identity and culture. Social media and technology	History Modern Medicine (Treatments and technology)
Wednesday	Physics Matter. Atomic model and density	Maths Geometry and Measures Volume and surface area	RE Existence of God	Technology Categories of materials
Thursday	English Ideas and perspectives	Biology Organisation level systems. Sensory receptors and nervous systems	Sociology Poverty	Drama Characterisation and Communication
Friday	Maths Probability Frequency trees and venn diagrams	Chemistry Global Challenges Crude Oil.	French Employment Jobs and	
Saturday	Physics Forces. Newton's first and second law.	English Analyse language	RE Relationship families	
Sunday	Maths Statistics Population and sampling	Biology Global Challenges. Health and disease.	Sociology Distributions Crime	

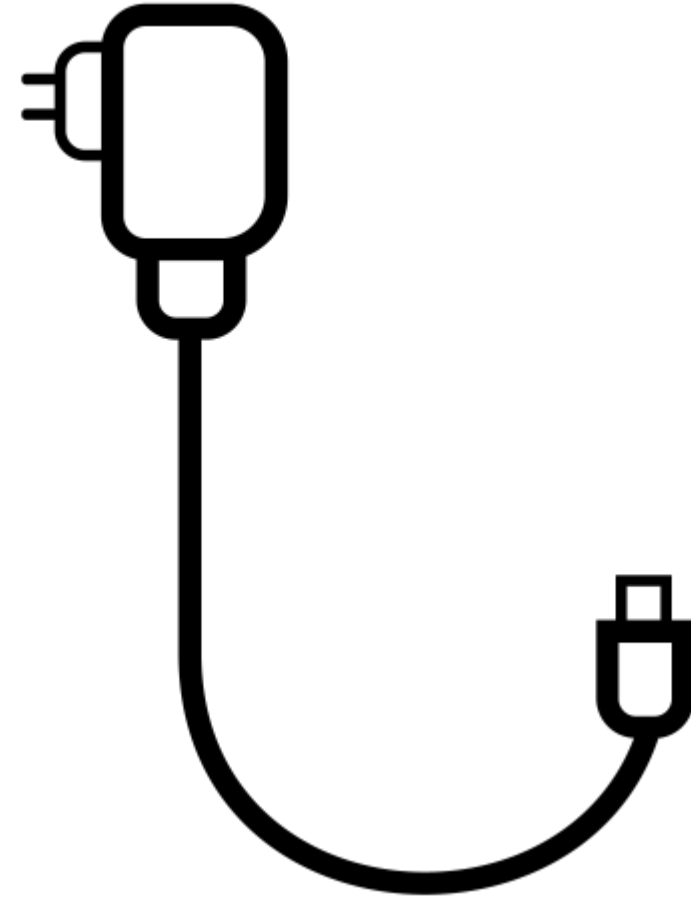
Time to create your own timetable.

## Year 12 testimonies and support.

- Do you have any tips for making revision a regular habit?
- What revision practice did you find most useful/would you recommend?
- Talk us through a typical day/week in the run up to exams. How much time were you spending on revision?
- What was the best thing you did with your exam preparation that you would recommend to others?
- If you could change one thing about your approach to revision, what would it be?
- What did you do to ensure that you looked after your own well being when revising?
- Do you have any top tips for if things do get a little stressful?
- How did plan your revision over the Easter holidays?
- Do you recommend any revision websites/apps?
- How did you organised your revision space at home?

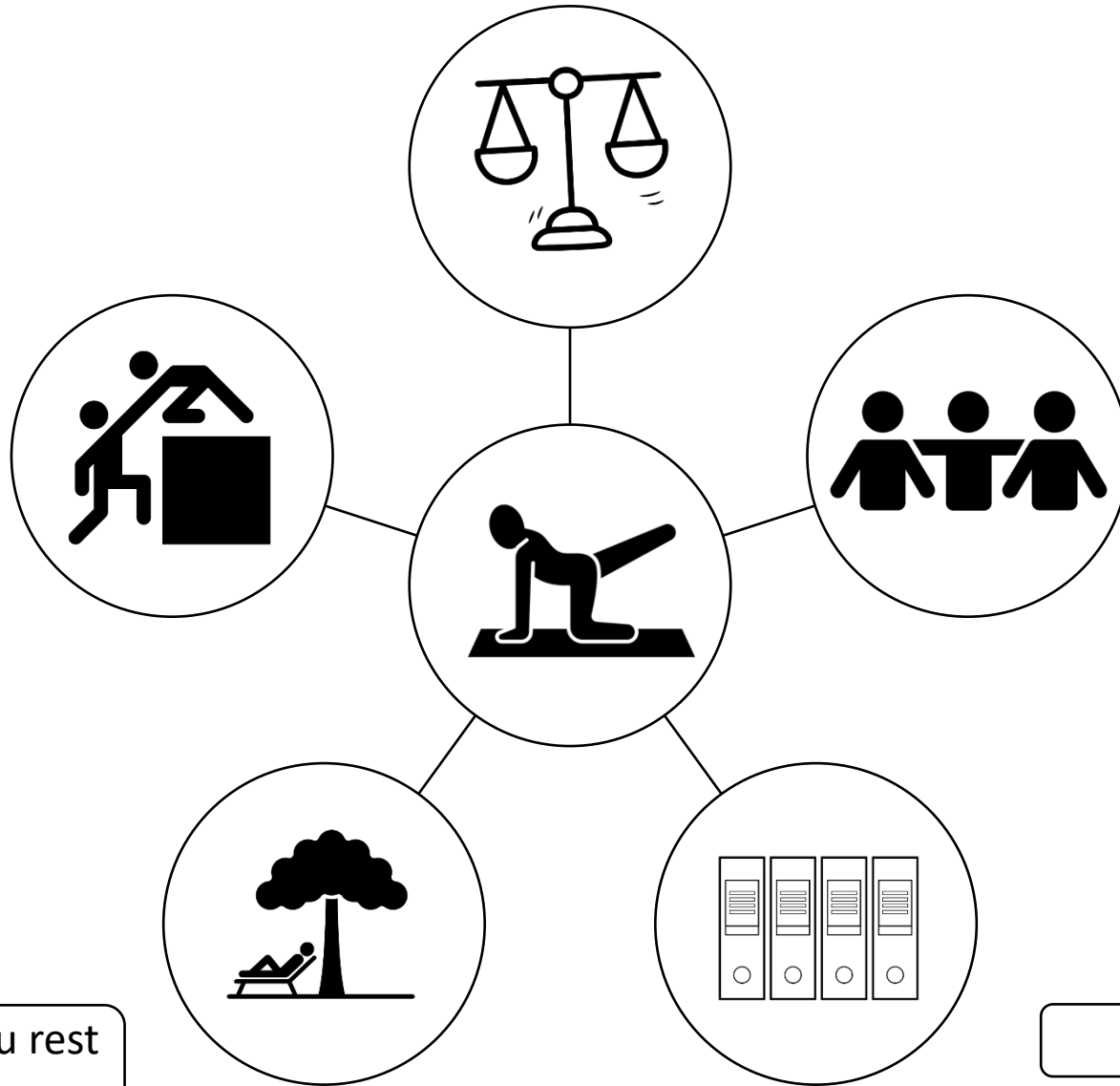
## Self Care.

- Get a full nights sleep
- Take a break and relax
- Eat healthily and stay hydrated
- Physical exercise
- Prioritise and say 'no'
- Ask for what you need



***Charge yourself up to revise!***

Find a balance.



Paired coaching;

Stay in touch with  
friends.

Separate where you rest  
and revise.

Be organised.

## Mobile phones.

**Time thieves are sneaky,  
secretive and take what is valuable  
to us without us knowing.**

- Turn them off when revising.
- Put them in another room.
- Restrict app access.

