# Supporting Your Child Post-PPEs:

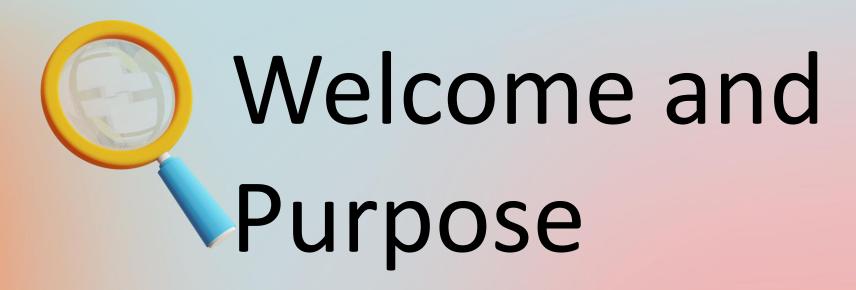
**Preparing for Summer Success** 

Student finance - University of Bedfordshire

UPENYU MAKAMBA and ANDREW BECKETT
YEAR LEADER CAPL







1

How to support your child in acting on PPE feedback.

2

Best practices for exam preparation and techniques.

3

Balancing academic goals with well-being.





# Highlight of the evening

Our shared goal: Helping your child achieve their destination goals (university, apprenticeships, or work).

2

Student finance talk – University of Bedfordshire





# **Understanding PPE results**

#### **Key Points:**

- Pre-Public exams, PPEs are a diagnostic tool, not the final outcome.
- Feedback from teachers is critical for improvement.
- Encourage your child to:
  - Review their marked papers.
  - Identify strengths and areas for improvement.
  - Set specific, actionable goals for each subject.

#### **Parental Role:**

Discuss results calmly and constructively.

Avoid focusing solely on grades; emphasise progress and effort.



# **Acting on Teacher Feedback**

#### **How Students Can Use Feedback:**

Create a revision plan targeting weaker areas.

Seek clarification from teachers if needed.

Use mark schemes and exemplar answers to understand expectations.

#### **How Parents Can Help:**

Encourage regular communication with teachers. Provide a quiet, organised study space at home. Monitor progress without adding pressure.



# **Best Practices for Exam Preparation**

#### **Effective Revision Strategies:**

Active Recall: Test knowledge regularly (e.g., flashcards, quizzes).

Spaced Repetition: Revisit topics over time to reinforce learning.

Past Papers: Practice under timed conditions to build exam stamina.

Interleaving: Mix different topics/subjects to improve retention.

#### Parental support:

Help create a realistic revision timetable.

Encourage breaks and balance (e.g., 25-30 minutes study, 5-minute breaks).

Celebrate small milestones to maintain motivation.







# **Exam Techniques**

Key tips for success

# Read Questions Carefully:

Highlight key words and instructions.

#### Time Management:

Allocate time per question and stick to it.

# Structure Answers:

Use clear paragraphs, bullet points, or diagrams where appropriate.

#### Stay Calm:

Practice mindfulness or breathing techniques if anxious.

#### **Parental Role:**

Encourage practice exams at home.

Discuss strategies for managing exam-day nerves.

# Motivation

Connecting Effort to Future Goals



**University:** Link the importance of grades to course offers.

**Apprenticeships:** Highlight the value of strong A-level results in securing placements.

**Work:** Discuss how qualifications open doors to career opportunities.

#### **Parental Role:**

Help your child visualise their future success.

Remind them of their long-term goals during challenging moments.





# Supporting Well-Being and Managing Stress

#### Rest.

Encourage regular sleep (8-9 hours per night).

#### Diet.

Promote a balanced diet and hydration.

#### **Activity:**

Support physical activity (e.g., walks, yoga, or sports).

#### Stay Calm:

Be a listening ear; acknowledge their stress without judgment.

#### Why Well-Being Matters:

A healthy mind and body improve focus and performance.



# Signs of Stress to Watch For:

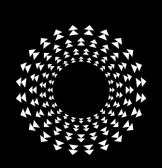


- Changes in sleep or appetite.
- Irritability or withdrawal.
- Overwhelming anxiety.

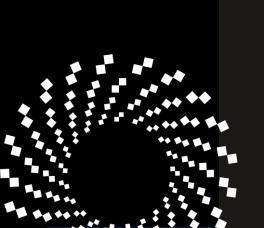
#### **Resources:**

- Pastoral team, teachers and the school counsellor are available for support.
- You know your child better than anyone.



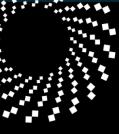


# STUDENT FINANCE 2025/26









# THE UNIVERSITY OF BEDFORDSHIRE



#### What can I study at the University of Bedfordshire?

Art & Design Sport Science & Physical

Education

Accounting & Finance Business & Management

Computer Science & Technology Education & Teaching

Economics English Language &

Communication

Law Media & Journalism

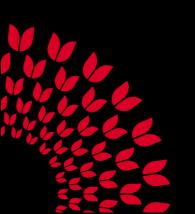
Life Sciences Nursing, Midwifery & Health

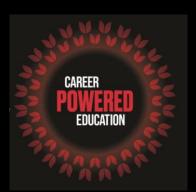
Psychology Social Sciences

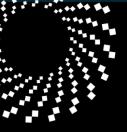
Performing Arts, Dance & English Tourism & Marketing

Physiotherapy Occupational Therapy

Aviation Foundation Year Degree



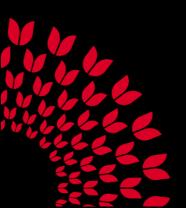


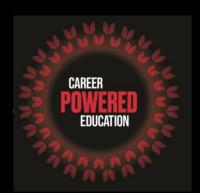


### **SESSION CONTENTS**



- Section 1 The Student Finance Package
- Section 2 Student Loan Repayments
- Section 3 Applications & Information



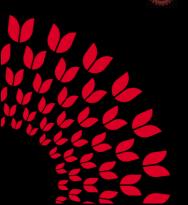


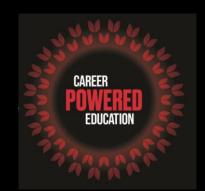


### **TUITION FEES**



- Universities and colleges can charge new full-time students up to £9,535 per year
- Eligible students won't have to pay any tuition fees upfront
- Tuition Fee Loan doesn't depend on household income
- SLC pay any Tuition Fee Loan directly to your university or college
- The loan is repayable, but only when your income is over £26,065



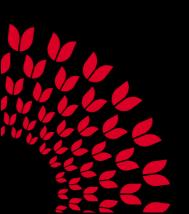




#### **MAINTENANCE SUPPORT**



- Maintenance support is available to help with your living costs while in higher education
- The Maintenance Loan is repayable and all eligible students are entitled to receive some funding
- The amount of loan available will depend on where you live and study
- Maintenance support is paid directly into your bank account each term







### **MAINTENANCE SUPPORT**

**Maximum Loan Amounts 2025/26** 



| Where you Live & Study                                    | Maximum Loan<br>Available |
|---|---------------------------|
| Parental / Own Home Live at home                          | £8,877                    |
| Elsewhere Live away from home and study outside of London | £10,544                   |
| <b>London</b> Live away from home and study in London     | £13,762                   |
| Overseas Study overseas as part of a UK course            | £11,713                   |



Additional loan is available for each extra week of study for students attending their course beyond 30 weeks





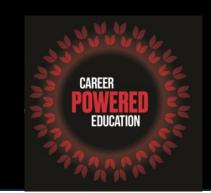
## **MAINTENANCE SUPPORT**

**Maximum Loan Amounts 2025/26** 



| Household Income (£)                  | Students Living Away<br>from Parental Home<br>(£) | Household Income (£) | Students Living in Parental Home (£) |
|---------------------------------------|---|----------------------|--------------------------------------|
| 25,000 or under                       | 10,544  | 25,000 or under      | 8,877                                |
| 30,000                                | 9,791   | 30,000               | 8,132                                |
| 35,000                                | 9,038   | 35,000               | 7,387                                |
| 40,000                                | 8,285   | 40,000               | 6,642                                |
| 45,000                                | 7,532   | 45,000               | 5,897                                |
| 50,000                                | 6,779   | 50,000               | 5,152                                |
| 55,000                                | 6,026   | 55,000               | 4,407                                |
| 60,000                                | 5,273   | 58,349 or above (or  | 3,907                                |
| 62,377 or above (or non-means tested) | 4,915   | non-means tested)    |                                      |







#### **BURSARIES & SCHOLARSHIPS**



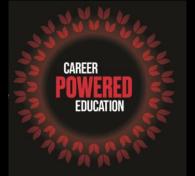
Many universities and colleges offer financial support to their students through bursaries and scholarships

#### **Bursaries:**

- Linked to personal circumstances and often, household income
- Awards can include fee waivers or cash

#### **Scholarships:**

- Can be linked to academic results or outstanding ability in an area such as sport, music or art
- Can be subject-specific and are limited in numbers





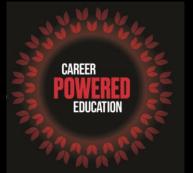


# GENEROUS SCHOLORSHIP PROGRAMME \*



For 2025 entry, we offer a number of generous scholarships to help you achieve the career of your dreams. Ask us for more information today or find out the details at beds.ac.uk/scholarships

- Our Excellence Scholarships are worth £2,500 per year of study over three years when you score a defined number of UCAS tariff points from specified qualifications\*
- If you don't qualify for an Excellence Scholarship but have 120 UCAS tariff points, you have enough points for one of our Achievement Scholarships offering £500 per year of study\*\*
- Other scholarships, bursaries and financial support packages are available





### **CARE LEAVERS BURSARY**



If you are under 25 and currently supported by your local authority leaving care service, in addition to the support previously mentioned you may also be eligible for:

- £5,700 bursary spread over 3 years
- Year-round accommodation on campus
- A named contact
- Pre-application support
- Careers advice and support after graduation

Remember to tick the box on your UCAS application form to let the university or college you are applying to know you have been in care



#### **ADDITIONAL SUPPORT**



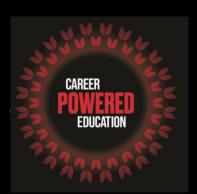
Other financial help and support may also be available if you:

- have children or an adult dependent on you
- have a disability, including a long-term health condition, mental health condition or specific learning difficulty

#### **National Bursaries**

NHS Bursary: £5000 a year with further funding available for eligible students

PGCE: Up to £28,000 bursaries available dependent on subject discipline

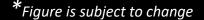




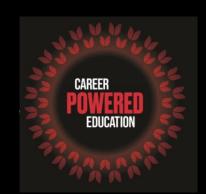
#### **STUDENT LOAN REPAYMENTS**



- You won't make repayments until your gross income (before tax) is over £26,065\*
- Full-time students will be due to start repaying in the April after graduating from/leaving their higher education course
- You'll repay 9% of your income over £26,065\* and if you're employed deductions will be made from your pay through the HMRC tax system
- If your income falls to £25,065 or below your repayments will stop
- Any outstanding loan balance will be written off 40 years after entering repayment







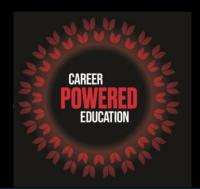


# STUDENT LOAN REPAYMENTS



| Income each year before tax | Income from which 9% is deducted | Monthly Repayment (Approx) |
|-----------------------------|----------------------------------|----------------------------|
| £26,065                     | £0                               | £0                         |
| £30,000                     | £3,935                           | £29                        |
| £35,000                     | £8,935                           | £67                        |
| £40,000                     | £13,935                          | £104.50                    |
| £45,000                     | £18,935                          | £142                       |
| £50,000                     | £23,935                          | £179.50                    |



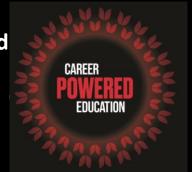




### STUDENT FINANCE APPLICATIONS



- Apply online at www.gov.uk/studentfinance as soon as possible to make sure your student finance is in place for the start of your course
- Register on UCAS and we can let you know when it's time to apply
- You don't need a confirmed place at university or college to apply for student finance
- Make a note of your account log-in details & keep them safe
- You can change your details online before starting your course
  - Agree to share information from your application, this helps apply for many bursaries and some scholarships





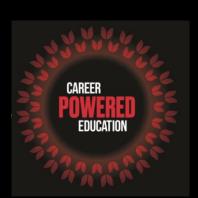
### STUDENT FINANCE APPLICATIONS

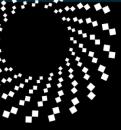


Before starting the application, you should have the following to hand:

- Passport SLC can check identity using valid UK passport details for most students
- University and course details You can share this information online, directly from your UCAS application
- Bank account details
- National Insurance number
  - Parent's or partner's National Insurance number and income details

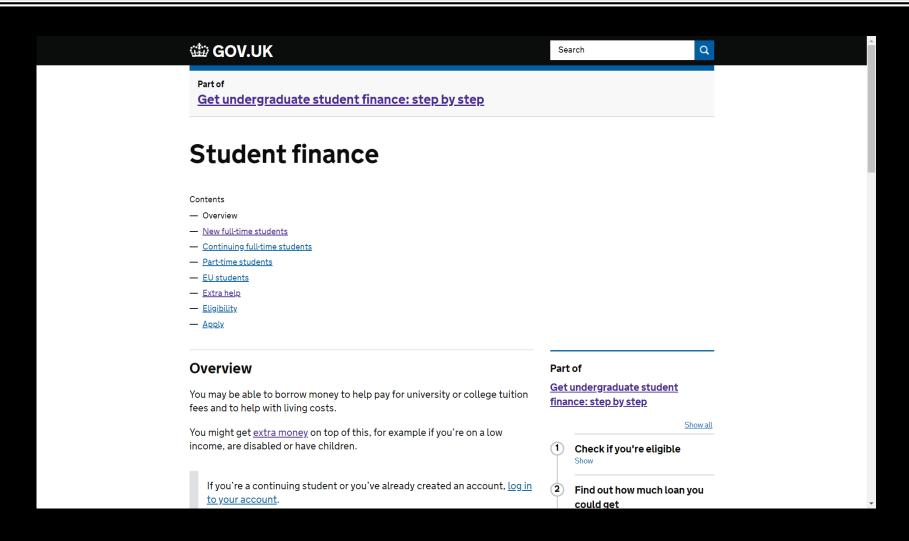
For most applications, SLC verify income from these NI numbers with no need to send any documents, unless we ask for them



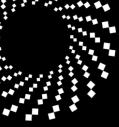


# GOV.UK/STUDENTFINANCE









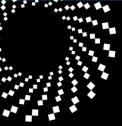
### moneysavingexpert.com/students





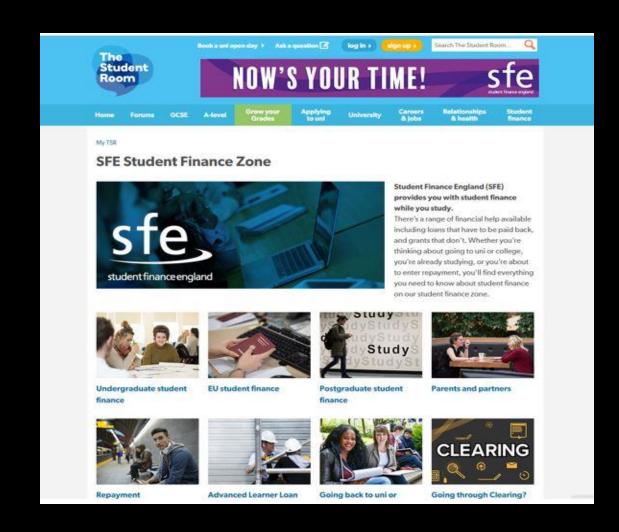


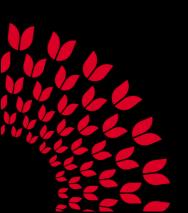


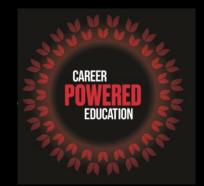


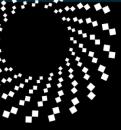
# THE STUDENT ROOM





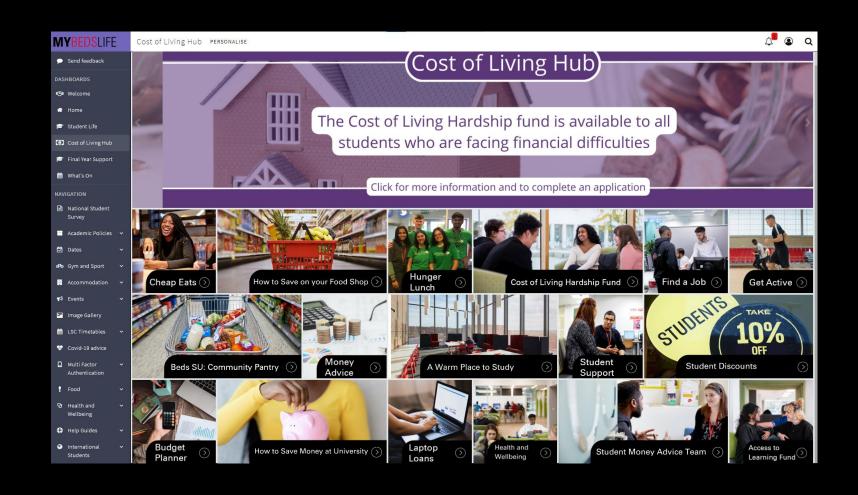




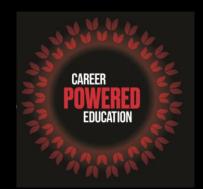


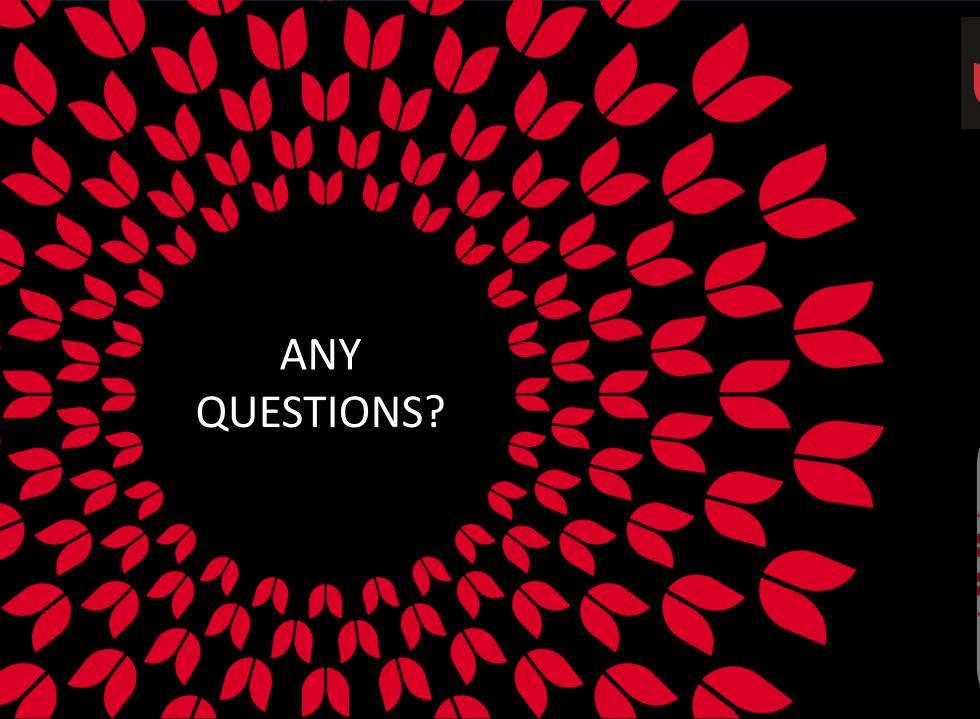
### **COST OF LIVING HUB**













University of Bedfordshire Enquiry
Form



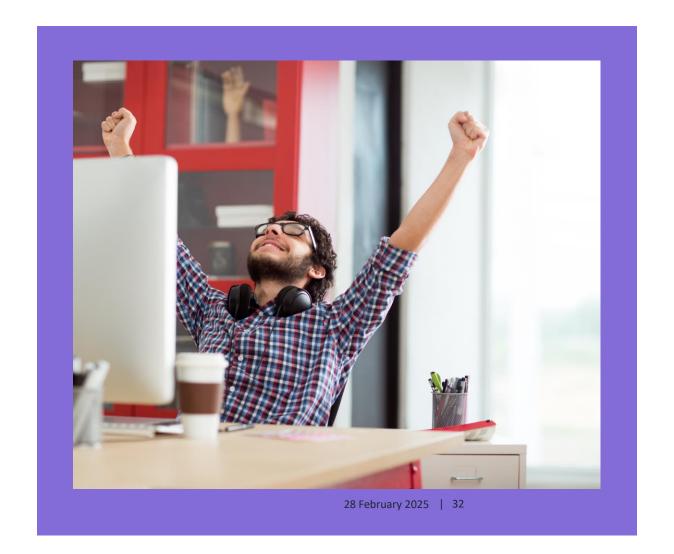
# **Replies to offers**

Once you have decisions on all your choices, you can choose two:

- One as a 'firm' acceptance your first choice.
- The other as an 'insurance' acceptance. This acts as a back-up if you do not get into your 'firm' choice.

Any remaining offers must be declined.

Once all your decisions and replies have been made, if you are not holding an offer, you may be able to use Extra or Clearing to find available places.





# The best things you can do to support your child

- To support and encourage your child to **attend school** every day until the start of study leave.
- You don't need to be a subject expert: talk about your child's revision and encourage and **support their efforts**.
- Support your child to remain destination focused (e.g. university, apprenticeship, employment); exam results are a ticket to their next steps.



# Key takeaways

#### **Summary of Key Points:**

Use mock exam feedback to target improvements.

Support effective revision and exam techniques.

Keep motivation high by focusing on destination goals.

Prioritise well-being to ensure your child is mentally and physically prepared.

#### **Final Message:**

Your support is invaluable in helping your child navigate this crucial period.

Together, we can help them achieve their full potential.

**Thank You for Your Time and Support!** 



# **Key dates**

- Thursday 20 March Mentoring evening online
- Thursday 27 March Mentoring evening face to face
- Wednesday 7<sup>th</sup> May -Mass of celebration 7pm in MGR all welcome- parents and students
- Monday 12 May Exams start
- Wednesday 14 May Leavers BBQ
- Friday 16<sup>th</sup> May study leave

Good luck to all!!



# Contacts



Upenyu.makamba@st-pauls.org.uk

Head of Year 13

Andrew.beckett@st-pauls.org.uk

Chaplaincy and Pastoral lead